

Protection guidelines for the Corona virus!



Use of protective face mask/ covering (cloth or surgical mask)

Washing hands with soap and water and use of antiseptic hand gel



Cough or sneeze into your elbow or on a handkerchief that you throw in the garbage bin.

Avoid touching your face.

Use of a personal water bottle or reusable flask



Avoid using others' objects.



Avoid close contact or overcrowding.

